

Workshop 3: Master Class.

Eros in our Relational World.



This four-day workshop will provide participants with an opportunity to 'dive-deeply' into the complex mix of theoretical, contextual and personal stories that shape their attitudes and values in relation to sex and Eros.

While there will be a strong professional practice focus, this workshop will start with the personal, examining the contexts out of which our own histories emerge and an exploration of the ways in which the themes of love, longing, sex, creativity and shame weave through our own stories. Time will be taken to understand these narratives, and to see how they in turn shape our engagement in the world, both at the level of our intimate connections and in our work and practice contexts.

In exploring this material, care will be taken to build an environment of trust and safety. Participants will also be encouraged to exercise choice around their own disclosures, and to find a level of engagement that supports their reflection and learning.

From this ground of personal exploration and understanding, participants will examine the implications for practice, looking at how to integrate their awareness with a theoretical approach to sexuality and Eros that incorporates contemporary relational and contextual understandings.

While much of the focus will be on the supports and resources required for effective, ethical practice, the workshop will also give attention to the ways in which our capacity to access our erotic vitality is a support, not just for our clients, but for our ongoing health and well-being as practitioners, coaches, consultants, leaders, etc.

This workshop will combine some teaching with experiential work and personal exploration. This will be explored in both smaller groups and the large group setting. Participants can expect to come away with the following:

- An understanding of how relational insights challenge our thinking about sexuality, creativity & vitality in a variety of practice settings
- A deeper understanding of how their values, attitudes and assumptions are shaped by both personal history and broader cultural contexts
- An appreciation of how this impacts our lives and our work
- An awareness of the supports and resources they might need to further develop their work in these areas

Joining instructions

For more information:

www.relationalchange.org/training-events.html

For Booking contact Kate Glenholmes: kateG@relationalchange.org

Date:

A 4-day workshop
February 7th to 10th 2017

Tutors:

Leanne O'Shea
Sally Denham-Vaughan

Venue:

Oxford Quaker Meeting
43 St Giles
Oxford OX1 3LW

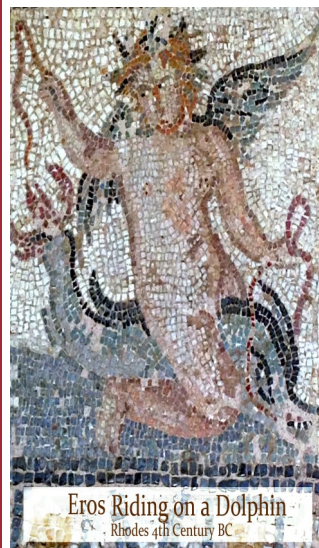
Time:

11.00 to 18.00 Day 1
9.30 to 17.30 Days 2 & 3
9.30 to 13.00 Day 4

Cost

Individuals/charities -
£395

Corporate attendees
£495.



Tutor bios



Leanne O'Shea, DPsych, MSc, is an experienced therapist and supervisor based in Melbourne, Australia. She is a senior faculty member at Gestalt Therapy Australia, where she teaches post-graduate psychotherapy. She also teaches internationally, at Esalen and in the UK, and is an Associate of Relational Change, and an International Associate Faculty Member with Pacific Gestalt Institute. Leanne is interested in writing and encouraging others to write and was a founding co-editor of the Gestalt Journal of Australia and New Zealand. She is particularly passionate about Eros and sexuality, and has long been interested in exploring how these issues emerge in clinical practice. Her ongoing commitment is to developing theoretical and practical resources that better support practitioners in this important work.

Website: <http://www.gestalt.com.au>



Sally Denham-Vaughan, DPsych, UKCP Registered Psychotherapist, Gestalt Practitioner in Organisations, EAGT. Co-Founder and Director of Relational Change. Sally Denham-Vaughan worked for over 25 years as a senior leader in the NHS and brings extensive experience in Psychology, Psychotherapy, Organisational Change and Coaching. She works as a facilitator, trainer, coach and supervisor with Public, Private, Academic and Third Sector/not-for-profit organisations in the UK and other countries. Sally is Board Advisor at The Relational Center in Los Angeles and International Faculty Associate at the Pacific Gestalt Institute. Her D.Psych in Public Works focussed on leadership and Organisational Change.

Website: <http://www.relationalchange.org>

