

A dark, atmospheric illustration of the Four Horsemen of the Apocalypse. The riders are mounted on dark horses and are dressed in dark, tattered clothing. The central figure is the Death rider, holding a scythe. The background is a misty, blue-green color.

The Four Riders of the Apolcalypse: *Oppression, Trauma and the Body*

A two day training on
with

Miriam Taylor

*Friday and Saturday 18 and 19 November 2022
Cambridgeshire Quakers, 12 Jesus Lane, Cambridge, CB5 8BA
9.30am – 5.00pm*

*£275 (£250 if booked prior to 17 July 2022)
£50 deposit secures your place, balance invoiced in September
Lunch will be provided
14 hours CPD*

Most of the trauma we encounter in our work involves an imbalance of power, creating a dynamic of the oppressor and the oppressed. Culturally, these patterns become deeply embodied as an expression of trauma in the 'ground'. Looking at four different classes of trauma, we will explore the structures that mirror the experience of trauma, and take a systems perspective to widen the frame of understanding and get underneath the dynamics that are often implicit and potent forces in therapy. The workshop invites participants to examine their own relationship to power and oppression in order to better engage with them as they inevitably emerge in the consulting room



Miriam Taylor is a British Gestalt psychotherapist (UKCP registered), supervisor and trainer who has been in private practice since 1995. She was clinical lead of a young peoples' service and for several years worked in a specialist trauma service. Miriam's particular interest is in the integration of trauma from a relational and wider field perspective. She teaches in the UK and internationally, has been a trainer, Academic Consultant and examiner for Metanoia Institute, London, and is on the Leadership Team of Relational Change. Miriam is author of two books on trauma and several peer reviewed and invited articles.

To book email Martin Capps martin@relationalchange.org