

# RELATIONAL CHANGE GATHERING 2018: *Movement and Embodied Sensing*



At this gathering we will explore the power of non-verbal communication, and how we can support contacting through movement. As we sensitize ourselves to our bodies we will begin to notice how we are always resonating with others and the world around us. Our direct and felt experience can reveal stories and give us valuable information about how we are being moved by the other and our situation that words alone could never tell.

The day will be led by Helena Kallner and Marie-Anne Chidiac and hosted by Sally Denham-Vaughan. We will draw on theory to guide us in explorations where we will attend to the intelligence of our moving bodies.

Whether you are a therapist, counsellor, organisational consultant, coach or simply interested in the work of Relational Change, we believe you will discover something useful in this day of exploration and discussion. This is an opportunity for us to gather as a community, share updates on our work and strengthen relationships. We look forward to welcoming you.

\*\* We are planning a social get-together at Pizza Express, Notting Hill on Wednesday 28<sup>th</sup> November at 6:30pm – let us know if you are able to join in \*\*

## **Book Launch:**

At this gathering, we are pleased to be celebrating the launch of a new book by RC co-founder Marie-Anne Chidiac. The book “**Relational Organisational Gestalt: An Emergent Approach to Organisational Development**” offers a transformative, integral and bespoke approach for working with the complexity of today’s organisations. At its core, an emergent and relational approach relies on the embodied and relational presence of its practitioner.



**Date & Time:**  
29<sup>th</sup> November 2018  
9.30am – 4.30pm

**Venue:**  
Kensington Unitarians,  
112 Palace Gardens  
Terrace, Notting Hill,  
London, W8 4RT  
(Near Notting Hill  
Gate tube station)

**Cost:** £45

**To book please see**  
[https://relationalchange  
.eventbrite.co.uk](https://relationalchange.eventbrite.co.uk)

**For enquiries please  
email:**  
[sallyt@relationalchange.org](mailto:sallyt@relationalchange.org)

**Helena Kallner, MA (Public Health and Ethnology), MSc (Gestalt Psychotherapy), UKCP Registered Psychotherapist. Relational Change Affiliate & Leadership Team Member.**



Helena practices gestalt therapy in Stockholm, Sweden. Her special interest is in how we relate and support contact through movement and she is an advanced practitioner of Developmental Somatic Psychotherapy. Helena is a founding member of the Centre for Relational Gestalt Psychotherapy, Sweden, and a board member at the Gestalt Academy of Scandinavia.

**Marie-Anne Chidiac, DPsych, UKCP Registered Psychotherapist, Gestalt Practitioner in Organisations, EAGT. Co-Founder and Director of Relational Change.**



Marie-Anne is an experienced change and OD consultant, coach, trainer, psychotherapist and supervisor. She has a background in consulting having worked with board level executives and led major change management programmes both in the UK and Europe. She was also Deputy Head of a Gestalt training where she developed and taught diploma and MSc level courses in psychotherapy and organisational change. Marie-Anne is an Accredited Coach and Associate of Ashridge Business School and holds a D. Psych in Public Works with a focus on the synthesis of Gestalt psychotherapy and Organisational Development.