

Mending the world one song at a time

A two-hour online workshop facilitated by Aline Giordano

Using this very ambitious title as a springboard, I am inviting you to dive into the universal language of music and lyrics, and to remain curious about their power as enabler for human connection. This workshop is an invitation to put into practice what Kae Tempest and Nina Simone have known all along – that the song is a carrier of culture.

We will use short creative writing exercises (typically two minutes long) in response to songs and lyrics. We'll pay attention to what emerges and stay with the present moment experience. Rooted in our common humanity, we'll experience songs and their lyrics anew and feel each other's worlds as fully and compassionately as we can.

Together we will use the experience to keep ourselves present, available and hopeful – reconnecting to each other's humanness and the world around us.

Saturday 23 July 2022 (online via Zoom)

10.00 to 12.00

£20 (£15 concession)

A bit about me, your facilitator:

Aline Giordano is a Gestalt Practitioner in Organisations (GPO) accredited by the European Association for Gestalt Therapy (EAGT). She has completed an MSc in Creative Writing for Therapeutic Purposes at Middlesex University (results pending). She has trained with the Gross National Happiness (GNH) Centre in the Kingdom of Bhutan and is a former Associate Lecturer in Popular Music. For more information please visit:

<https://alinegiordano.com/creative-writing>

To book a place please email aline4rl@gmail.com