

The Space Between: Trauma, growth and transformation

A five day residential

1 – 5 October 2018

Charney Manor, Oxfordshire



**Led by Miriam Taylor, Sally Denham
Vaughan and Martin Capps**

with Guest Trainer

Margaret Landale

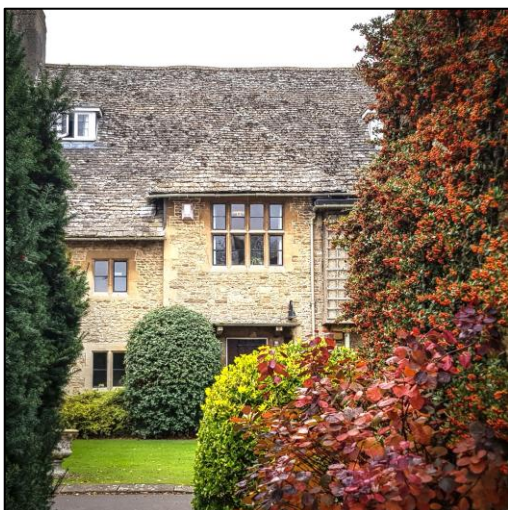
and a keynote address from

Ruella Frank

streamed live from New York.



Relational Change is pleased to offer this unique residential opportunity to join a community of practitioners interested in deepening their work with trauma. The medieval house, barn and walled gardens of Charney Manor in Oxfordshire will provide the backdrop for our work. We will feel our way into a reflective space in which the experience of trauma can be held with curiosity, compassion and contact, opening the potential for choice. Bringing together elements of theory, skills development and personal process, we will build a ground of support for growth and transformation. With a keynote address by Ruella Frank (via video link) and a guest appearance from Margaret Landale, we anticipate a rich and healing experience. Core faculty from Relational Change are Miriam Taylor, Sally Denham Vaughan and Martin Capps, each bringing their wide experience to the subject.



'Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom' Viktor Frankl '

Monday 1st to Friday 5th October 2018

Cost:

£890 including all facilitation, accommodation, refreshments and meals.

£150 non-returnable deposit payable on booking. Balance is payable four weeks prior to the event.

Monthly instalments available on request.

For more information or to book call or email:

Martin Capps on 07941 647740 martin@relationalchange.org

Ruella Frank Ph.D brings many years of experience to her work as a gestalt psychotherapist — as a professional dancer, yoga practitioner/teacher, student of various movement theories, and student of Laura Perls, co-founder of gestalt therapy. Founder and director of the Center for Somatic Studies, Ruella is faculty at the New York Institute for Gestalt Therapy, Gestalt Associates for Psychotherapy, and teaches throughout the US, Europe, Eurasia, Mexico, and Canada. She is author of articles and chapters in various publications and the book *Body of Awareness: A Somatic and Developmental Approach to Psychotherapy*, (2001, GestaltPress) and co-author of *The First Year and the Rest of Your Life: Movement, Development and Psychotherapeutic Change* (2010, Routledge Press). Her video Introduction to Developmental Somatic Psychotherapy, can be ordered through www.somaticstudies.com.



Miriam Taylor is a UKCP registered Gestalt psychotherapist, supervisor, trainer and author who specialises in working with trauma. She has been in clinical practice since 1995 and has worked as Clinical Lead in a young peoples' counselling service and as a Consultant Therapist in an independent trauma service. Miriam has over 30 years' experience of teaching adults, and presents workshops and talks both in the UK and abroad. Her main teaching focus is on trauma, complex trauma, dissociation, embodiment and the relational field. In conjunction with Metanoia Institute in London, she carried out a collaborative research study into trauma interventions (in press). Miriam is author of *Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body*, 2014. She is a member of the leadership team of Relational Change.

Dr Sally Denham-Vaughan is a UKCP Registered Gestalt Psychotherapist, International Trainer and Supervisor. She has over 30 years experience in Mental Health Services having worked as a District Psychologist, Director of Psychological Services and Consultant Clinical Lead in Primary Care/IAPT services. One of her core specialties is working with clients with complex PTSD and she led the design and development of an NHS County-wide specialist Trauma Service. She is a member of the Editorial Advisory Board of the British Gestalt Journal, Academic Advisor on the Doctoral programme at Metanoia, International Faculty Associate at the Pacific Gestalt Institute in California and Board Advisor at The Relational Center in Los Angeles. She teaches widely in Europe, Scandinavia, America and Australia and was the invited Keynote at the GANZ conference in 2014.



Martin Capps is a UKCP Registered Gestalt Psychotherapist, trainer, coach and supervisor with over 20 years of experience in the private, NHS and third sectors as a counsellor, psychotherapist, supervisor and trainer. He is interested and very experienced in working with all forms of addictive processes. He has an interest in shame as a relational process, and its impact on individuals and organisations, and in particular how it may present in the therapeutic and supervisory relationship. He has taught on the Gestalt and Integrative psychotherapy trainings of the Welsh Psychotherapy Partnership in Cardiff and at the Metanoia Institute and is currently a tutor at the Centre for Supervision and Team Development, Bath. He works from his home near Ross-on-Wye, as well as in Chepstow and is a member of the leadership team of Relational Change.

Margaret Landale is an experienced psychotherapist and supervisor. She has been a training director at the Chiron Centre for Body Psychotherapy in London and delivers workshops and talks nationwide on subjects such as somatization, complex trauma and embodied empathy. Having been a meditator for many years, she has become increasingly interested in the integration of mindfulness in psychotherapy and has taught on the 'mindfulness in individual psychotherapy' module at the Centre for Mindfulness Research and Practice, Bangor University. Publications include: 'Working with psychosomatic distress and developmental trauma' in: *Contemporary Body Psychotherapy – The Chiron Approach*, Linda Hartley ed. 'The use of imagery in body oriented psychotherapy' in *Body Psychotherapy*, Tree Staunton ed.

