

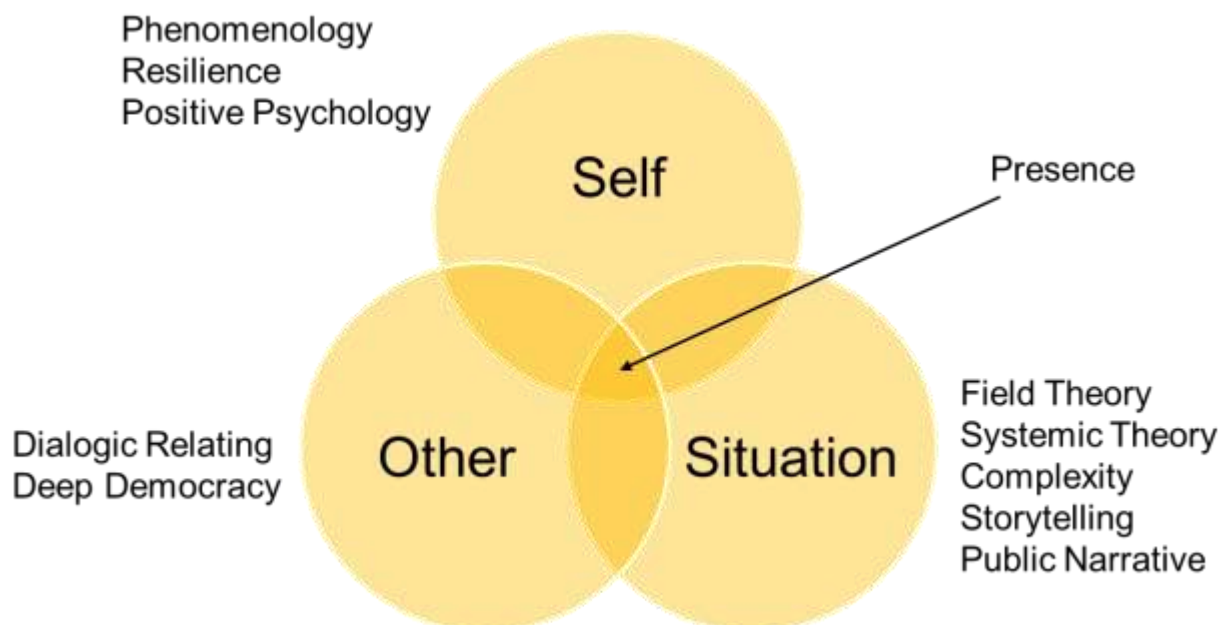
Relational Organisational Gestalt (ROG) Training Courses

Relational Change provides practically applicable, skill enhancing training for coaches, consultants, community organisers, leaders and organisational development professionals.

What is ROG?

- ROG is a holistic and practical approach to facilitating organisational change, community organising and coaching teams and individuals.
- ROG is informed by Relational Gestalt psychotherapy theory and practice, the latest thinking in systems theory and complexity as well as other complementary theoretical concepts.
- ROG focuses on developing awareness and skills to develop in three interrelated areas: Self, Other and the Situation.
- This approach relies on the resilient and aware practitioner; a relational and ethical approach as well as an appreciation of the systemic dimension of organisational and community work.

ROG is based on our SOS model of presence and relating. Some of the key theoretical concepts that inform our work in organisations are shown below.



The Relational Organisational Gestalt (ROG) set of modular two-day courses can lead to a Relational Change Certificate/Diploma on completion of all of the five modules. It is recommended that participants complete the ROG Foundations course before moving onto other courses. Each module does however stand alone and focuses on particular skills and competency areas.

ROG Foundations: An Introduction to Relational Organisational Gestalt

This course provides participants with an introduction and experience of our Relational Organisational Gestalt models and frameworks for working with individuals, teams, communities and organisations in challenging times. In this module, participants will be guided through key concepts that will support them to be more effective in their work and personal life. There will be a combination of theory presentation, demonstration, live practice and case discussion, dependent on the needs of the participants.

SELF: Using Self as Instrument – Gestalt Facilitation

At its core, the ROG model relies on an aware practitioner making use of his/her ability to sense into a given situation. This two day module will focus on developing self-awareness and learn how to make use of this data to inform interventions. This module will also explore emotional resilience and how best to self-support. This module will stretch your personal awareness of both intention and impact and focus on key facilitation approaches and tools.

OTHER: The Between of Dialogue – Gestalt Coaching

This two day course will focus on deepening relational skills to coach individuals and also work with teams. The workshop will explore the process of dialogue and how best to engage in challenging conversations, as well as look at how to work with emotionally intense issues. Coaching demonstrations as well as team work practice will provide opportunities to experience the ROG approach.

SITUATION: Wider System and Field – Gestalt Consulting

In Gestalt we believe that we self-organise as a function of the situation, which means that behaviour cannot be understood outside of a context. This module will address change issues from a system/organisational perspective and provide participants with practical tools to engage with large scale change efforts and community building initiatives.

ADVANCED SKILLS: Integrating the Whole

This two day module is an advanced course that provides a learning space where you can deepen and hone your relational skills and work on flexing your presence. Participants will learn how to attend to embodied resonance and work with experimentation. An additional day will be added to the end of this module for those participants who wish to gain an ROG certificate /diploma.

For more information about any of these courses, please email mac@relationalchange.org.

Dates and Costs

ROG Foundations

- 26-27 November 2014 (Esher, Surrey)
- 4-5 March 2015 (Esher, Surrey)

SELF

- 10-11 July 2015 (London Heathrow)

OTHER

- 26-27 September 2014 (London Heathrow)
- 25-26 September 2015 (London Heathrow)

SITUATION

- 16-17 January 2015 (London Heathrow)
- 15-16 January 2016 (London Heathrow)

ADVANCED

- 6-7 March 2015 (London Heathrow)
- 4-5-6 March 2016 (London Heathrow) [6th of March only for those completing the Post-graduate certificate/diploma- additional costs apply]

The cost of each workshop will be £345 for individuals, SMEs and Charities and £445 for corporations.

Participants booking on all four modules following the Foundation workshop will be given a 10% reduction on fees.

Attendance of all modules can result in a Post-graduate certificate/diploma in Relational Organisational Gestalt – please email for further information and costs.

We are also offering an Advanced Programme of Skills application, Personal Development and Case Consultation for those wishing to apply for the award of Gestalt Practitioner in Organisations, (GPO), accredited by the European Association for Gestalt Therapy, (EAGT).

To book or for more information on any aspects of the programme please email mac@relationalchange.org or sdv@relationalchange.org

Course Testimonials

"This programme really grappled with the sometimes slippery concept of Presence and its importance in coaching and supervision. As a former public sector coach and leadership lead, now providing supervision to coaches in the public sector, I really value the insights shared, based on a robust academic and theoretical foundation. I am eagerly awaiting the next modules."

Rosalind Maxwell-Harrison
Executive and Leadership Coach and Coach Supervisor

"A really helpful integration of experiencing Gestalt facilitation and coaching, with insight about what a Gestalt philosophy is, and the implications that has for what I do and how I do it."

Caroline Sharley
Independent change specialist

"I was looking for a course which could deepen my knowledge and understanding of Gestalt and how it could help enhance my coaching practice. It was important to me that the course was predominantly practical rather than theoretical. Not only was the course exactly what I was looking for, it was also so much more. The depth of knowledge, the quality of the discussions and practice, and the knowhow of Marie-Anne and Sally was exceptional. In addition the time spent in the company of like-minded participants was also extremely valuable. I would highly recommend anyone interested in learning more about Gestalt, or just in developing their coaching practice to give serious consideration to participating in a ROG course."

Steven Goldstein
Trader Performance Coach & Executive Coach.