

# The Spaces Between Us

## A Systems Approach to Trauma and the Body



A two day workshop with master practitioners  
**Miriam Taylor and Ed Fellows**

*Friday and Saturday 28 and 29 November 2025  
Friends Meeting House, St Giles, Oxford, OX1 3LW  
9.30am – 5.00pm*

*£325 (£295 if booked prior to 30 June 2025)*

**T**rauma radically alters our relationships - with the world around us, with others, with ourselves and with our bodies. In this workshop, Miriam and Ed will share some cutting edge thinking, contextualising trauma in the network of relationships that shape our lives. Each will demonstrate ways of working in deeply attuned, embodied and non-pathologising ways, and you will have an opportunity to put some skills into practice in small groups. The work will build on the neuroscience of trauma and consider the implications for therapeutic interventions.

Miriam and Ed are both established trainers on the Relational Change course in Contemporary Trauma Practice.



**Miriam Taylor** is a Gestalt practitioner, supervisor, author and trainer. Having retired from clinical practice in which she specialised in trauma for over twenty-five years, Miriam now includes aspects of collective trauma, social justice issues and climate change in her thinking on trauma. Based in embodied practice, her interest is in the formation of the traumatised relational field, leading to an ecological perspective. She teaches in the UK and internationally and is on the Leadership Team of Relational Change. Publications include 'Trauma Therapy and Clinical Practice' (2014/2025); 'Deepening Trauma Practice' (2021), and several peer reviewed and invited articles.



**Ed Fellows** is a UKCP Accredited Gestalt Psychotherapist, supervisor and yoga practitioner and is also trained in Sensorimotor Psychotherapy and EMDR. He is a Senior Complex Trauma Psychotherapist in Secondary Care in the NHS as well as in private practice. At the Maudsley Hospital, Ed has facilitated weekly in-patient trauma groups on psychiatric wards for 20 years. In Primary Care he was the Trauma Group Lead and Bereavement Lead for many years. Ed is also a founding member of the Complex Trauma and Dissociation Group at the Maudsley. Having a background as an artist, and a yoga teacher, Ed brings many years of working creatively with body awareness and movement into psychotherapy. His work is also informed by growing up with animals from whom he learned early lessons about movement, healing and the environment. Ed is a trainer in this country, including for Metanoia and Confer, as well as in Europe.

To book email Martin Capps [martin@martin-capps.co.uk](mailto:martin@martin-capps.co.uk) with "The Space Between Us" in the title. Fee is £325 or £295 if booked before 30 June 2025. A deposit of £75 (non-returnable) will be payable on booking and the balance will be invoiced in September. If you cancel within 8 weeks of the workshop 50% will be refunded, within 4 weeks the full fee is payable. However, if a replacement for your place can be found a full refund will be made (less the deposit).